

COVID-19 and Multisystem Inflammatory Syndrome in Latin American Children

A Multinational Study

Omar Yassef Antúnez-Montes, MD,* Maria Isabel Escamilla, MD,† Augusto Flavio Figueroa-Uribe, MD,‡ Erick Arteaga-Menchaca, MD,§ Manuel Lavariega-Saráchaga, MD,¶ Perla Salcedo-Lozada, MD,|| Priscilla Melchior, MD,** Rodrigo Beréa de Oliveira, MD,** Juan Carlos Tirado Caballero, MD,†† Hernando Pinzon Redondo, MD,‡‡ Laura Vanessa Montes Fontalvo, MD,§§ Roger Hernandez, MD,¶¶ Carolina Chavez, MD,¶¶ Francisco Campos, MD,||| Fadia Uribe, MD,||| Olguita del Aguila, MD,*** Jorge Alberto Rios Aida, MD,†† Andrea Parra Buitrago, MD,†,†† Lina Maria Betancur Londoño, MD,††† León Felipe Mendoza Vega, MD,‡‡‡ Carolina Almeida Hernández, MD,§§§ Michela Sali, PhD,¶¶¶||| Julian Esteban Higuera Palacio, MD,**** Jessica Gomez-Vargas, MD,†††† Adriana Yock-Corrales, MD,††††† and Danilo Buonsenso, MD,||| ||| ‡‡‡‡§§§§

Background: To date, there are no comprehensive data on pediatric COVID-19 from Latin America. This study aims to assess COVID-19 and Multisystem Inflammatory Syndrome (MIS-C) in Latin American children, to appropriately plan and allocate resources to face the pandemic on a local and international level.

Accepted for publication September 22, 2020.

From the *Departamento de Docencia e Investigación. Instituto Latinoamericano de Ecografía en Medicina (ILEM), Ciudad de México, México; †Fundación Neurológica Colombiana, Bogotá, Colombia; ‡Hospital Pediátrico Peralvillo, Secretaría de salud, Ciudad de México, México; §Hospital General Regional 200, Instituto Mexicano del Seguro Social, Estado de México, México; ¶Grupo Home Health Medical, Ciudad de México, México; ||Hospital General de Ecatepec Las Américas Estado de México, México; **Sao Luiz Hospital, Sao Paulo, Brazil; ††Plus Médica, Lima, Perú; ‡‡Hospital Infantil Napoleon Franco Pareja, Cartagena, Colombia; §§Hospital Infantil Napoleon Franco Pareja, Cartagena, Colombia; ¶¶Unidad de Investigación de Pediatría, Hospital Cayetano Heredia, Lima, Perú; |||Unidad de Infectología Pediátrica; Hospital San Bartolomé, Lima, Perú; ****Unidad de Infectología Pediátrica; Hospital Nacional Edgardo Rebagliati Martins. Lima – Perú; †††Hospital Pablo Tobón Uribe, Medellín, Colombia; ‡‡‡Jefe servicio de medicina crítica, Hospital Infantil de Tlaxcala, Tlaxcala, México; §§§Jefatura de pediatría, Hospital general Las Américas, Estado de México, México; ¶¶¶Dipartimento di Scienze di Laboratorio e Infettivologiche, Fondazione Policlinico Universitario A. Gemelli IRCCS, Rome, Italy; |||Dipartimento di Scienze Biotechnologiche di Base, Cliniche Intensivologiche e Perioperatorie, Università Cattolica del Sacro Cuore, Rome, Italy; ****Institution Hospital Universitario de San Vicente Fundación, Medellín, Colombia; ††††Hospital Nacional de Niños “Dr. Carlos Sáenz Herrera, San José, Costa Rica; ‡‡‡‡Department of Woman and Child Health and Public Health, Fondazione Policlinico Universitario A. Gemelli IRCCS, Rome, Italy; and §§§§Center for Global Health Research and Studies, Università Cattolica del Sacro Cuore, Roma, Italia.

The authors have no funding or conflicts of interest to disclose. Omar Yassef Antúnez-Montes and Maria Isabel Escamilla contributed equally as first authors.

Adriana Yock-Corrales and Danilo Buonsenso contributed equally as last authors. Data are available upon request to the corresponding author (D.B.).

O.Y.A.M. and D.B. conceived of the study. O.Y.A.M., D.B. and M.I.E. designed the study. O.Y.A.M., D.B. and M.S. cleaned and analyzed the data, made the figures, wrote the first draft of the manuscript. All authors actively contributed data to the study, reviewed the manuscript, and approved the final manuscript for submission.

Supplemental digital content is available for this article. Direct URL citations appear in the printed text and are provided in the HTML and PDF versions of this article on the journal's website (www.pidj.com).

Address for correspondence: Danilo Buonsenso, MD, Largo A. Gemelli 8, 00168 Rome, Italy. E-mail: danilobuonsenso@gmail.com or danilobuonsenso@surf4children.com.

Copyright © 2020 Wolters Kluwer Health, Inc. All rights reserved.

ISSN: 0891-3668/21/4001-00e1

DOI: 10.1097/INF.0000000000002949

Methods: Ambispective multicenter cohort study from 5 Latin American countries. Children 18 years of age or younger with microbiologically confirmed SARS-CoV-2 infection or fulfilling MIS-C definition were included.

Findings: Four hundred nine children were included, with a median age of 3.0 years (interquartile range 0.6–9.0). Of these, 95 (23.2%) were diagnosed with MIS-C. One hundred ninety-one (46.7%) children were admitted to hospital and 52 (12.7%) required admission to a pediatric intensive care unit. Ninety-two (22.5%) patients required oxygen support; 8 (2%) were started on continuous positive airway pressure and 29 (7%) on mechanical ventilation. Thirty-five (8.5%) patients required inotropic support. The following factors were associated with pediatric intensive care unit admission: preexisting medical condition ($P < 0.0001$), immunodeficiency ($P = 0.01$), lower respiratory tract infection ($P < 0.0001$), gastrointestinal symptoms ($P = 0.006$), radiologic changes suggestive of pneumonia and acute respiratory distress syndrome ($P < 0.0001$) and low socioeconomic conditions ($P = 0.009$).

Conclusions: This study shows a generally more severe form of COVID-19 and a high number of MIS-C in Latin American children, compared with studies from China, Europe and North America, and support current evidence of a more severe disease in Latin/Hispanic children or in people of lower socioeconomic level. The findings highlight an urgent need for more data on COVID-19 in Latin America.

(*Pediatr Infect Dis J* 2021;40:e1–e6)

Despite several months have passed since the first description of the SARS-CoV-2 outbreak in China, millions of cases reported worldwide and thousands of deaths, many questions about the COVID-19 pandemic have no answers yet. In particular, the puzzle of the impact of COVID-19 in children still has a number of missing pieces. Initial data from China, Italy and the United States (US) gave optimistic data with a limited number of children involved by the pandemic and rare complications.¹ The first multinational study from Europe including more than 500 children from a network of pediatric infectious diseases and pulmonology specialists from major centers confirmed a relatively milder disease compared with adults.² However, later during the pandemic, several authors from Europe and the United States reported an unusual rate of multisystem inflammatory syndromes (MIS-C) without a known etiology and temporally related to SARS-CoV-2.³⁻⁵ This syndrome is now described as MIS-C (or Pediatric MIS-C temporally related

to SARS-CoV-2—PIMS-TS) and, although rare, is associated with a non-negligible number of pediatric intensive care unit (PICU) admissions and, rarely, death.³⁻⁵

This more severe form of COVID-19 has been described more frequently in specific ethnic categories of children, in particular black, Afro-Caribbean and Latino/Hispanic children.⁶ However, although Latin America is currently severely involved by the COVID-19 pandemic, multinational studies from this area, similarly to those described in Europe and the United States, are missing, with the exception of 2 PICU studies from Chile⁷ and Brazil,⁸ traditionally the 2 Latin American countries more involved in research projects.

To provide new key data on COVID-19 in children in Latin America, one of the largest and more populated areas in the world, inspired by a previous European study, we used a newly established research network⁹, predominantly comprising pediatric infectious diseases specialists. Moreover, Latin America is characterized by a specific geopolitical and ethnic situation and, considering the potential impact of political approaches on the pandemic, data from this area are necessary to appropriately plan and allocate resources to face the local (and indirectly the international) situation of COVID-19 pandemic, and to better understand the real impact of COVID-19 on children.

METHODS

Study Design and Participants

Independent Pediatricians, Pediatric Infectious Diseases specialists and Emergency Physicians from Mexico, Colombia, Peru, Costa Rica and Brazil developed a “CoviD in sOuth aMerIcaN children—study GrOup”⁹ and collected cases of confirmed pediatric SARS-CoV-2 infections evaluated before or during the study period. All patients ≤ 18 years old with positive RT-PCR on at least one clinical sample (nasopharyngeal swab, bronchoalveolar lavage, blood, stool, or cerebrospinal fluid), or fulfilling the criteria for MIS-C with microbiologic documentation of SARS-CoV-2 exposure (PCR or IgG), according to the Centers for Disease and Control (CDC) were included in the study.

Data were collected on Excel spreadsheets completed by each collaborator and sent to 2 study core group members via email (D.B. and O.Y.A.M.), without including personal or identifiable data. Data collection began on July 1st and was concluded on August 11, 2020. The study was reviewed and approved by the CoviD in sOuth aMerIcaN children—study GrOup core group and approved by the Ethics Committee of the coordinating center and by each participating center (Mexico: COMINVENTICA-30072020-CEI0100120160207; Colombia: PE-CEI-FT-06; Perú: No. 42-IETSI-ESSALUD-2020; Costa Rica: CEC-HNN-243-2020). The study was conducted in accordance with the Declaration of Helsinki and its amendments. No personal nor identifiable data were collected during the conduct of this study.

Variables collected include age, gender, symptoms, underlying medical conditions, socioeconomic status, need for hospital and NICU/PICU admission, respiratory and cardiovascular support, other viral co-infections, drugs used to treat COVID-19, outcome. Respiratory symptoms were classified as upper respiratory tract infection (eg, rhinitis, pharyngitis, tonsillitis, otitis) and lower respiratory tract infection (eg, pneumonia, bronchitis) with or without using radiologic imaging according to local guidelines and evaluating clinician's decisions. Chest radiograph was analyzed by the radiologists, aware of the suspicion of COVID-19. Fever was defined as body temperature of $\geq 38.0^{\circ}\text{C}$.

The socioeconomic status was classified according to the Colombian definition of “current legal minimum wage” that is

of 980.657 pesos colombianos monthly (258.664 US dollars) and adapted to each of the other participating countries. Starting from the legal minimum wage, we classified “very low status” is the income was less than one minimum wage, “low” if equal to one wage, “medium-low” if between 2 and 5 current legal minimum wage, “medium” if between 5 and 8 minimum wage, “medium-high” between 8 and 16 minimum wage, “high” if more than 16 minimum wage.

Moreover, a further section regarding MIS-C has been developed. MIS-C criteria were those highlighted by the Centers for Disease Control and Prevention (<https://www.cdc.gov/mis-c/hcp/>). In case of MIS-C diagnoses, data regarding the organs involved, therapeutic strategies and outcome were analyzed.

Collected data have been made similar to previous multinational studies from other countries² to allow better comparisons and establish if different epidemiologic/ethnic settings were associated with different characteristics of pediatric COVID-19, since recent evidences are suggesting that genetic factors may predispose to more severe forms of COVID-19 or to the development of MIS-C.

Statistical Analyses

Data were analyzed using SPSS (SPSS, Chicago, IL). Differences in frequencies were evaluated by the Fisher exact test. The nonparametric Mann-Whitney *U* test was used to compare medians for unpaired comparisons and the Wilcoxon test for paired comparisons, and the Kruskal-Wallis test was used to compare medians among the different groups. Differences were considered significant at *P* values of 0.05.

Role of the Funding Source

The study was not supported by any funding. The corresponding authors had full access to all the data and had the final responsibility for the decision to submit for publication.

Translations

A supplementary material file is uploaded with translation of the manuscript in Spanish (Supplemental Digital Content 1, <http://links.lww.com/INF/E169>) and Portuguese (Supplemental Digital Content 2, <http://links.lww.com/INF/E170>), to allow non-English speakers/readers to be able to access the information of this study. The translations have been performed by native speakers authors of this study: OYAM and MIE (Spanish), PM and RBdO (Portuguese).

RESULTS

SARS-CoV-2 infection was reported from 14 health-care institutions in 5 Latin American countries: Mexico, Colombia, Peru, Costa Rica, Brazil. Colleagues from Venezuela agreed to participate but did not receive authorization to share COVID-19 cases by their Institution, while colleagues from Ecuador declared to be overwhelmed by workload and have not been able to upload their cases for this first study. Two colleagues from Brazil experienced organizational delays in obtaining Ethics Committee approval and therefore did not included their cases and were not even allowed to submit gross numbers. Four hundred nine children with PCR-confirmed SARS-CoV-2 infection were included in the final analyses. Of these, 95 (23.2%) fulfilled CDC criteria for MIS-C.

The median age of the study population was 3.0 years (interquartile range 0.6–9.0), ranging from 2 days to 18 years (Table 1). One hundred seventeen (28.6%) participants were younger than 12 months. Two hundred twenty-two children were male (54.3%). The most common source of infection was a parent, considered the index case in 165 (40.3%) cases; for 5 (1.2%) individuals, the

TABLE 1. Characteristics of the Study Population and by Requirement of PICU Admission

	Entire Cohort (n = 409)	Not Admitted to PICU (n = 357)	Admitted to PICU (n = 52)	P
Age (years)				>0.05
<1 month	36 (8.8)	29 (8.1)	7 (13.5)	
1–23 months	163 (40)	145 (40.6)	18 (34.6)	
2–5	54 (13.3)	48 (13.4)	6 (11.5)	
5–10	63 (15.5)	51 (14.3)	12 (23.1)	
>10	91 (22.4)	83 (23.3)	8 (15.4)	
Missing	2 (0.5)	1 (0.3)	1 (1.9)	
Sex				>0.05
Female	187 (45.7)	165 (46.2)	22 (42.3)	
Male	222 (54.3)	192 (53.8)	30 (57.7)	
Index case				0.003
Parent	165 (40.3)	152 (42.6)	13 (25)	
Sibling	5 (1.2)	4 (1.1)	1 (1.9)	
Other	62 (15.2)	58 (16.2)	4 (7.7)	
Unknown	177 (43.3)	143 (40.1)	34 (65.4)	
Preexisting medical conditions	83 (61.2)	60 (16.8)	23 (44.2)	<0.0001
Congenital heart disease	2 (0.5)	2 (0.5)	—	
Congenital syndromes	6 (1.5)	1 (0.3)	5 (9.6)	
Immunologic diseases	7 (1.7)	3 (0.8)	4 (7.7)	
Neurologic disorders	10 (2.5)	9 (2.5)	1 (1.9)	
Others	58 (14.3)	45 (12.6)	13 (25)	
Immunosuppressive therapy	12 (2.9)	7 (19.6)	5 (9.6)	0.002
Known immunodeficiency	18 (4.4)	12 (3.3)	6 (11.5)	0.008
Chemotherapy in past	14 (3.4)	10 (2.8)	4 (7.7)	>0.05
Signs and symptoms				
Asymptomatic	53 (13)	53 (13.7)	—	
Pyrexia	238 (58)	201 (53.6)	34 (65.4)	0.052
Upper respiratory tract infection	244 (60)	222 (62.2)	22 (42.3)	0.005
Lower respiratory tract infection	102 (25)	64 (17.9)	38 (73.1)	<0.0001
Gastrointestinal	101 (24.7)	80 (22.4)	21 (40.4)	0.006
Headache	48 (11.7)	40 (11.2)	8 (15.4)	>0.05
Radiologic findings				
Suggestive of pneumonia	170 (41.5)	127 (35.6)	43 (82.7)	<0.0001
Suggestive of ARDS	17 (4)	5 (1.4)	12 (23.1)	<0.0001
Viral co-infection	14 (3.4)	10 (2.8)	4 (7.7)	>0.05
MIS-C	95 (23)	75 (21)	20 (38.5)	0.004
Socioeconomic status				0.009
Very low	67 (16.4)	51 (14.3)	16 (30.7)	
Low	82 (20)	76 (21.3)	6 (11.5)	
Low-medium	144 (35.2)	123 (34.4)	21 (40.4)	
Medium	40 (9.8)	38 (10.6)	2 (3.8)	
Medium-high	—	—	—	
High	—	—	—	
Unknown	76 (18.6)	66	10	
Deaths	17 (4.2)	—	17	

most probable index case was a sibling. In 62 (15.2%) individuals, the index case was a person outside of the immediate family, while it was unknown in 177 cases (43.3%). One hundred ninety-one (46.7%) children were admitted to hospital and 52 (12.7%) required admission to a PICU, corresponding to 27% of those admitted to hospital.

Fever was reported in 238 cases (58%) of children. Two hundred forty-four (60%) children had symptoms of upper respiratory tract infection and 102 (25%) children had lower respiratory tract symptoms. One hundred one (24.7%) had diarrhea. Fifty-three (13%) individuals were asymptomatic. Seventy-seven (18.8%) children had preexisting comorbidities, 18 (4.4%) had preexisting immunologic disorders. Forty-nine (12%) were asymptomatic.

A chest radiograph was done in 157 (38.4%) patients. Of those, 84 had signs of COVID-19 pneumonia, with 33 (21%) having consolidations and 51 (33%) interstitial disease.

In 13 (3.2%) children, a viral co-infection was detected (1 rhinovirus, 1 Epstein-Barr virus, 1 respiratory syncytial virus, 1 influenza A, the others not reported), in one more case

a co-infection with *Mycoplasma pneumoniae* was detected. Co-infections were not associated with a higher risk of PICU admission nor invasive respiratory support.

Three hundred seventeen (77%) individuals did not require respiratory support. Ninety-two (22.5%) patients required oxygen support: 8 (2%) were started on continuous positive airway pressure and 29 (7%) on mechanical ventilation. One child received extracorporeal membrane oxygenation. Thirty-five (8.5%) patients required inotropic support. The following factors were significantly associated with PICU admission and need of invasive ventilation: preexisting medical condition ($P < 0.0001$), known immunodeficiency ($P = 0.01$ and $P = 0.006$, respectively), lower respiratory tract infection ($P < 0.0001$), gastrointestinal symptoms (only associated with PICU admission, $P = 0.006$), radiologic changes suggestive of pneumonia and acute respiratory distress syndrome (ARDS) ($P < 0.0001$). Also, low socioeconomic conditions were associated with PICU admission ($P = 0.009$) and mechanical ventilation ($P < 0.04$). An unknown exposure to index case was associated with PICU admission ($P = 0.003$). In the multivariable analysis, the

same factors, with the exception of radiologic changes suggestive of ARDS, remained associated with PICU admission.

Drugs with possible or known antiviral activities were rarely used: hydroxychloroquine (10 cases, 2.4%), oseltamivir (9 cases, 2.2%), lopinavir-ritonavir (5 cases, 1.2%), chloroquine (1 case, <1%), while remdesivir, favipiravir, zanamivir and ribavirin were never used. Regarding immunomodulatory medication, 63 (15%) patients received systemic corticosteroids, 40 (10%) intravenous immunoglobulin, 2 (<1%) received tocilizumab.

Seventeen patients (4.2%) died (median age 1 year, min 5 days and max 16 years). Of these, 2 were newborns and 5 were infants younger than 12 months of age. Fatal cases were described in Mexico⁶, Colombia⁵, Perú⁶. In multivariate analyses, death was significantly associated with age ($P < 0.0001$), known immune-deficiency or immunosuppressive drugs ($P = 0.01$), PICU admission ($P < 0.0001$) and lower socioeconomic status ($P = 0.05$).

Multisystem Inflammatory Syndrome

As of August 11, 2020, a total of 95 MIS-C patients (23%) had been reported in our cohort. The median patient age was 7 years (range = 1 month–17 years); 25 (54.7%) were male: All patients were mestizos as ethnic group (Latin living in Latin America). Seven were defined as extremely poor, 5 as class 2, 64 as class 3, 18 as class 4 of socioeconomic background according to the local classifications (Table 2).

Eleven children had a preexisting underlying medical conditions before MIS-C onset (11.6%). Forty-three (45.3%) patients had gastrointestinal symptoms, 11 (11.5%) cardiovascular involvement (of which 5 developed coronary dilatation, 4 pericardial effusion, 2 myocarditis) and 14 children (14.7%) required inotropic support for shock, 7 (7.3%) had joint symptoms. Twenty (21%) were admitted to PICU. Two children (2.1%) died. Mortality was higher in the non-MIS-C group.

Of the 95 MIS-C patients, all had evidence of SARS-CoV-2 infection. Serology was performed in 88 cases and resulted positive in 72 (81.8%), those with negative or not performed serology had a positive nasopharyngeal swab.

The following factors were significantly associated with a diagnosis of MIS-C: older age ($P < 0.0001$), gastrointestinal symptoms ($P < 0.0001$), a lower socioeconomic status ($P < 0.0001$), higher use of inotropic agents ($P = 0.04$), intravenous immunoglobulin and steroids ($P < 0.0001$).

Thirty-eight (40%) received (intravenous immunoglobulin), 27 (28.4%) steroids, 14 (14.7%) were treated with inotropic agents and 2 (2.1%) received tocilizumab. Moreover, 3 children (3.1) received hydroxychloroquine.

DISCUSSION

In this study, we report data on the first multinational, multi-center study of pediatric COVID-19 in Latin America, specifically from countries that did not reported yet detailed data about COVID-19 in children. Although several studies about pediatric COVID-19 have been published from China, Europe and the United States, a comprehensive picture from Latin America was still missing and, in this report, we highlight some important differences from other centers with potential public health implications. In fact, although the most common symptoms (fever, respiratory symptoms and diarrhea) were comparable to other studies, and a lower proportion of children required hospital admission compared with a European study (46.7% versus 62%, respectively), a larger number of Latin American children required PICU admission (12.7% versus 8%), and importantly, 17 children (4.2%) died [compared with 4 (0.68%) of the European cohort].² Also, the median age of the dead children in Latin America was much lower than every described study so far,

with 7 children younger than 1 year of age. Although the participating centers were mainly referral national Hospitals and these data represent, therefore, the more severe spectrum of COVID-19 in Latin America, the same type of centers were enrolled by Goezinger et al,² suggesting that the differences are real and that the SARS-CoV-2 is having a stronger impact in Latin America. Of note, all the authors involved in this study are directly involved on the front-line and report a growing number of cases while the described data have been analyzed, since most Latin American countries are in the middle of the COVID-19 peak. The higher number of severe disease and deaths reported in our series, however, is not completely unexpected, since acute COVID-19 has been reported to disproportionately affect Hispanics and Blacks.¹⁰ Long-standing inequities in the social determinants of health, such as housing, economic instability, insurance status, and work circumstances of patients and their family members have systematically placed social, racial, and ethnic minority populations at higher risk for COVID-19 and more severe illness,⁶ and our data further support this view. In fact, the epidemiologic context of our cohort is different from previous large studies:^{1,2,11–14} a household transmission of the infection was documented only in 170 (41.5%) cases and the index case remained unknown in 177 cases (43.3%). This may reflect different political decisions since in these areas a strict lockdown was not established, allowing a wider community spread of SARS-CoV-2 and higher risk for children to be infected during common daily activities. In addition, the family socioeconomic impact has a clear impact in our study: 149 families (36.4%) did not earn more than the current legal minimum wage (258 US dollars). Lower socioeconomic conditions were significantly associated with need of PICU admission or mechanical ventilation ($P < 0.0001$) and most of those who died were classified as low-very low socioeconomic conditions. Notably, none of the children classified in our study were of high socioeconomic level, although this might be due to preference of those families to be evaluated in private centers.

In our cohort, the risk factors associated with need of PICU admission were similar to those described in the multinational European study (presence of respiratory symptoms or radiologic evidence of COVID-19 pneumonia/ARDS, preexisting medical conditions, immunologic conditions of immune-suppressive therapies).² Conversely, viral co-infections were rarely detected in our cohort and not associated with a more severe disease, possibly due to the seasonal period of our study.

Drugs with possible antiviral activity (including hydroxychloroquine) were rarely used, compared with other studies,^{2,11–13} while intravenous steroids were commonly administered. This is possibly related to the later arrival of the COVID-19 peak in Latin America, when data about the low benefit of hydroxychloroquine were reported^{15,16} and dexamethasone showed greater benefits in the RECOVERY trial.¹⁷

In our cohort, a high number of children were diagnosed with MIS-C. Since the case definition is nonspecific and confirmatory laboratory testing does not exist, it can be difficult to distinguish MIS-C from other systemic inflammatory conditions such as severe acute COVID-19 and Kawasaki disease.¹⁷ For this reason, the number of MIS-C can be overestimated. For example, as the COVID-19 pandemic spreads, and more children are exposed to SARS-CoV-2 with subsequent seroconversion, patients with systemic inflammatory diseases (not only Kawasaki Diseases) might be erroneously as MIS-C because of an incidental finding of antibodies to SARS-CoV-2. However, since previous reports described a higher incidence of this condition in Latin/Hispanic children,⁶ this number can also represent a real higher incidence of MIS-C in Latin America. Currently, there are no other multinational studies from this area to confirm our data, however, an ongoing national collection from

TABLE 2. Characteristics of the Study Population According to Multisystem Inflammatory Syndrome (MIS-C) Diagnosis

	Entire Cohort (n = 409)	MIS-C (n = 95)	Not MIS-C (n = 314)	P
Age, years				<0.0001
<1 month	36	3 (3.1)	33 (10.5)	
1–23 months	163	23 (24.2)	140 (44.6)	
2–5	54	14 (14.7)	40 (12.7)	
5–10	63	21 (22.2)	42 (13.4)	
>10	91	34 (35.8)	57 (18.1)	
Missing	2	—	2 (0.7)	
Sex				>0.05
Female	187 (45.7)	43 (45.3)	144 (45.8)	
Male	222 (54.3)	52 (54.7)	170 (54.1)	
Preexisting medical conditions				>0.05
Any	83 (20.3)	11 (11.6)	72 (22.9)	
Immunosuppressive therapy	12 (2.9)	3 (3.1)	9 (2.8)	>0.05
Known immunodeficiency	18 (4.4)	1 (1)	17 (5.4)	>0.05
Signs and symptoms at presentation				
Upper respiratory tract infection	244 (60)	47 (49.5)	197 (62.7)	0.01
Lower respiratory tract infection	102 (25)	23 (24.2)	79 (25.1)	>0.05
Gastrointestinal	101 (24.7)	43 (45.3)	58 (18.4)	<0.0001
Headache	48 (11.7)	12 (12.6)	36 (11.1)	>0.05
Radiologic findings				
Suggestive of pneumonia	170 (41.5)	34 (35.8)	136 (43.3)	>0.05
Suggestive of ARDS	17 (4)	3 (3.1)	14 (4.4)	>0.05
Viral co-infection	14 (3.4)	2 (2.1)	12 (12.6)	>0.05
PICU admission	52 (12.7)	20 (21)	32 (33.7)	0.004
Oxygen	92 (22.5)	25 (26.3)	67 (21.3)	>0.05
CPAP	8 (1.9)	2 (2.1)	6 (1.9)	<0.0001
Mechanical ventilation	29 (7.1)	9 (9.5)	20 (6.3)	0.04
Inotropic drugs	35 (8.5)	14 (14.7)	21 (6.7)	0.04
Hydroxychloroquine	10 (2.4)	3 (9.5)	7 (2.3)	>0.05
IVIG	40 (9.8)	38 (40)	2 (0.7)	<0.0001
Systemic corticosteroids	63 (15.4)	27 (28.4)	33 (10.5)	<0.0001
Socioeconomic status				<0.0001
Very low	67 (16.4)	7 (7.3)	60 (19.1)	
Low	82 (20)	5 (5.2)	77 (24.5)	
Low-medium	144 (35.2)	64 (67.3)	80 (25.4)	
Medium	40 (9.8)	18 (18.9)	22 (7)	
Medium-high	—	—	—	
High	—	—	—	
Unknown	76 (18.6)	1 (1)	75 (23.9)	
Deaths		2 (2.1)	15 (4.7)	0.002

CPAP indicates continuous positive airway pressure; IVIG, intravenous immunoglobulin.

Chile reported, as of August 18, a total 149 MIS-C (<https://mobile.twitter.com/jptorrest/status/1295136584199737346>) and a national study from Brazil reported 79 children requiring PICU admission with 10 of them classified as MIS-C.⁸

Overall, the age distribution of the patients in this analysis is similar to previously published studies (median age 7), confirming the older age of this group of children compared with Kawasaki Disease. Differently from a recent US report,⁶ however, the age range of our cohort was much higher, including very young infants as well. 2.1% died, a slightly higher proportion compared with the US cohort (1.8%), highlighting again that both genetic and socioeconomic factors may contribute to a higher proportion of COVID-19 severity in Latin America.¹⁰

Our study has some limitations to address. The main limitation of this study relates to the variables collected. As happened during a multinational European study,² this one was performed during the Latin American peak with clinicians struggling in the front-line, usually with limited human resources to dedicate extra time for clinical research. For example, detailed blood tests were not collected. However, at this time of the pandemic, enough laboratory data on pediatric COVID-19 have been published and we think that a first, large, multinational picture of SARS-CoV-2 infection

in Latin American children was more important than smaller, more detailed studies. Importantly, we decided to make a similar study to have a proper comparison with another multinational study from a different setting. Also, the different centers may have used different decision rules or availability to perform SARS-CoV-2 test in children. Moreover, the type of centers included, mainly country pediatric referral hospitals, may have contributed to the high number of symptomatic patients, deaths and MIS-C. Another limitation concerns MIS-C cases. Since MIS-C is a clinical diagnosis with no confirmatory test, and that the CDC case definition is broad, some cases may have been misdiagnosed, and therefore, the real MIS-C cases being lower or higher. For example, some severe cases of acute COVID-19 may overlap with MIS-C. Also, some details about MIS-C were not included in our data collection, including the possible skin, renal and neurologic involvement during MIS-C. Despite these limitations, this study provides the most comprehensive overview on COVID-19 in Latin American children to date.

In conclusion, our study adds new data about the Latin American face of the pediatric SARS-CoV-2 pandemic, describing a generally more severe form of COVID-19 and a high number of MIS-C compared with studies from China, Europe and North America. Unfortunately, a significant number of children in our

cohort required PICU admission and a non-negligible number of deaths have been reported. These data support current evidence of a more severe disease in Latin/Hispanic children.¹⁸ Importantly, a clear association between more severe disease and socioeconomic status have been found, supporting worldwide evidence of the unequal impact of COVID-19 on fragile people¹³ and highlighting its impact on children as well.

Our study further supports the importance of continuous monitoring of the impact of COVID-19 and MIS-C in children, and the need of actively including low-middle income Countries or areas with political instability in collaborative studies, to have a better knowledge of the real burden of COVID-19 in children. Hopefully, this study will open the road to wider collaborations and the beginning of a comprehensive multinational study including all countries from Latin America.

ACKNOWLEDGMENTS

We are grateful to all collaborators that help the development of the DOMINGO study group that, for different reasons, were not able to contribute with data: Rosa Arana Sunohara (Perù), Jorge Omar Flores del Razo (Mexico), Jaime Amadeo Tasayco Muñoz (Perù), Teresa ochoa (Perù), Lara Limansky (Argentina), Grimaldo de los Angeles Ramirez Cortez (Perù).

REFERENCES

1. Parri N, Lenge M, Buonsenso D; Coronavirus Infection in Pediatric Emergency Departments (CONFIDENCE) Research Group. Children with Covid-19 in pediatric emergency departments in Italy. *N Engl J Med*. 2020;383:187–190.
2. Götzinger F, Santiago-García B, Noguera-Julian A, et al. COVID-19 in children and adolescents in Europe: a multinational, multicentre cohort study. *Lancet Child Adolesc Health* 2020;4:653–661.
3. Verdoni L, Mazza A, Gervasoni A, et al. An outbreak of severe Kawasaki-like disease at the Italian epicentre of the SARS-CoV-2 epidemic: an observational cohort study. *Lancet*. 2020;395:1771–1778.
4. Whittaker E, Bamford A, Kenny J, et al; PIMS-TS Study Group and EUCLIDS and PERFORM Consortia. Clinical characteristics of 58 children with a pediatric inflammatory multisystem syndrome temporally associated with SARS-CoV-2. *JAMA*. 2020;324:259–269.
5. Feldstein LR, Rose EB, Horwitz SM, et al; Overcoming COVID-19 Investigators; CDC COVID-19 Response Team. Multisystem inflammatory syndrome in U.S. children and adolescents. *N Engl J Med*. 2020;383:334–346.
6. Godfred-Cato S, Bryant B, Leung J, et al; California MIS-C Response Team. COVID-19-associated multisystem inflammatory syndrome in children - United States, March-July 2020. *MMWR Morb Mortal Wkly Rep*. 2020;69:1074–1080.
7. González-Dambrauskas S, Vásquez-Hoyos P, Camporesi A, et al. Pediatric critical care and COVID-19. *Pediatrics*. 2020;146:e20201766.
8. Prata-Barbosa A, Lima-Setta F, Santos GRD, et al. Pediatric patients with COVID-19 admitted to intensive care units in Brazil: a prospective multicenter study. *J Pediatr (Rio J)*. 2020;S0021-7557(20)30192-3. doi: 10.1016/j.jpmed.2020.07.002. [Online ahead of print]
9. Antunez-Montes OY, Escamilla MI, Figueroa-Urbe AF, et al. Covid-19 in South American children: a call to action. *Pediatr Infect Dis J*. 2020;39:e332–e334.
10. Stokes EK, Zambrano LD, Anderson KN, et al. Coronavirus disease 2019 case surveillance - United States, January 22–May 30, 2020. *MMWR Morb Mortal Wkly Rep*. 2020;69:759–765.
11. Lu X, Zhang L, Du H, et al; Chinese Pediatric Novel Coronavirus Study Team. SARS-CoV-2 infection in children. *N Engl J Med*. 2020;382:1663–1665.
12. Dong Y, Mo X, Hu Y, et al. Epidemiology of COVID-19 among children in China. *Pediatrics*. 2020;145:e20200702.
13. Bialek S, Gierke R, Hughes M, et al; CDC COVID-19 Response Team. Coronavirus disease 2019 in children—United States, February 12–April 2, 2020. *MMWR Morb Mortal Wkly Rep*. 2020;69:422–426.
14. Park YJ, Choe YJ, Park O, et al; COVID-19 National Emergency Response Center, Epidemiology and Case Management Team. Contact tracing during coronavirus disease outbreak, South Korea, 2020. *Emerg Infect Dis*. 2020;26:2465–2468.
15. Cavalcanti AB, Zampieri FG, Rosa RG, et al. Hydroxychloroquine with or without azithromycin in mild-to-moderate Covid-19. *N Engl J Med*. 2020;NEJMoa2019014.
16. Boulware DR, Pullen MF, Bangdiwala AS, et al. A randomized trial of hydroxychloroquine as postexposure prophylaxis for Covid-19. *N Engl J Med*. 2020;383:517–525.
17. Horby P, Lim WS, Emberson JR, et al; RECOVERY Collaborative Group. Dexamethasone in hospitalized patients with Covid-19 - preliminary report. *N Engl J Med*. 2020;NEJMoa2021436. doi: 10.1056/NEJMoa2021436. [Online ahead of print]
18. The Lancet Respiratory Medicine. COVID-19 casts light on respiratory health inequalities. *Lancet Respir Med*. 2020;8:743.